

CHRISTOS XIOUROPPAS

PERSONAL INFORMATION

Date of birth: 23/12/1991

Place of birth: Nicosia

Address: 30A Eleftherias street, 6030, Larnaka, Cyprus

Telephone number: 0035724651533

Mobile phone number: 0035799128888

E-mail Address: xiouropaschristos@gmail.com

EDUCATION

September 2015- June 2019: Master of Science in Clinical Psychology,
School of Humanities, Social Sciences and Law, Department of
Social Sciences,
University of Nicosia, Nicosia, Cyprus
Dissertation: The influence of social media on Cypriot population and the
impact of narcissism and self esteem on social media use..
Grade Point Good:

September 2013- September 2014: Master of Science in Research Methods in Psychology,
Faculty of Arts and Human Sciences, School of Psychology,
University of Surrey, Guilford, United Kingdom
Dissertation: Measuring implicit attitudes toward people with
disabilities.
(Supervisor: Dr. Adam MacNamara)
Grade Point Average: Graduation:
September 2014.

2009-2013: Bachelor of Science in Psychology,
Faculty of Social Sciences & Education, Department of Psychology,
University of Cyprus, Nicosia, Cyprus
Dissertation: The investigation of predictors of Panic Attacks in a non-clinical youth
population in Cyprus
(Supervisor: Dr. Maria Karekla).
Grade Point Average: 7.59/10, Graduation: May 2013

Winter Semester 2011-2012: Exchange Program (Erasmus)
Humanity and Social Sciences group,

Faculty of Psychology and Educational Sciences,
Katholieke Universiteit of Leuven, Leuven, Belgium.

2006-2009: Archiepiskopou Makariou C' Lyceum,
Larnaka, Cyprus.
Grade point Average: 18,6/20

WORK EXPERIENCE

April 2021-April 2023: The Cyprus Alzheimer Association & Related Dementia "Forget Me Not".

September 2019-Present: Private Office Self Employed, Licensed Clinical Psychologist.

January 2017-May 2018: KESY Center for Therapy and Research, Clinical Psychologist Trainee.

May 2017-January 2018: Cyprus Red Cross Society, Clinical Psychologist Trainee.

April 2018-October 2018: Agia Skepi Therapeutic Community, Clinical Psychologist Trainee.

October 2018-February 2019: Psychiatric Clinic General Hospital Nicosia, Clinical Psychologist Trainee.

RESEARCH EXPERIENCE

January-February 2010: Undergraduate Research Assistant,

Research Program Does the memory of children increase while keeping their eyes close?,

Responsible Researcher: Ph.D Marilena kyriakidou

Tasks: SPSS data entry,

February-August 2012: Undergraduate Research Assistant,

Research Program smoking cessation in high school students in Cyprus,

Responsible Researcher: Dr. Maria Karekla,

Tasks: SPSS data entry, Data collection.

January-June 2013: Undergraduate Research Assistant,

Research Program Development of a standardized test for diagnosis of language disorders in Greek-Cypriot population

Responsible Researcher: Ph.D Giorgos Spanoudis

Tasks: Data collection ,

SCHOLARSHIPS/ AWARDS

2007-2008: Award for Excellent School performance from school.

2008-2009: Award for Excellent School performance from school.

TRAINING PROGRAMS

November 26, 2010: Seminar “Anxiety disorders in Cyprus, epidemiology and experimental findings”.

February, 2011, March 2011, October 2011: ExchangeAbility “Fostering mobility of students with disabilities” project in the Lifelong Learning Programme framework.

QUALIFICATIONS/ SKILLS

Languages: Greek (Mother Language), English (Very Good, Ielts; Overall: 7.0, Reading: 6.5, Listening: 8.0, Writing: 6.5 & Speaking: 7.5),

Computer Knowledge: Microsoft Office, Word , Excel , PowerPoint , Internet , Access.

SPSS Knowledge.

Basic understanding on the use of EEG, TMS, tDCS.

SOCIAL ACTIVITY

January 2011- May 2011: 15 hours volunteering work in self- help groups of “Mediterranean” Program “I feel good”, supporting people with mental illnesses.

January 2011- May 2011: 15 hours volunteering work in self-help groups of “Mediterranean” Program “Support patients”, supporting people with substance abuse.

June- August 2009: Volunteer work in a therapeutic centre of “Iliaktida Zoes”, office work.

May- June 2010: 30 hours volunteering at the Centre of Protection and Pastime of school age children of the Council Community Volunteerism Tsakillerou.

PERSONAL INTERESTS

Basketball, Travelling.